

BALHAM

Van Size Handbook

Your Guide to a Better Move

PACKING TIPS FOR A SMOOTH MOVE

Group similar items – Pack by room or category (kitchen, books, clothing).

Use durable boxes – Flimsy boxes collapse in transit and can damage belongings.

Wrap furniture edges – Prevent scratches with bubble wrap, towels or cling film.

Put heavy items at the bottom – This helps with balance and avoids crushing lighter things.

Our Van Options

VAN SIZE	Purpose	Space	Fits
Mini Move Van	Quick collections, light loads, students or minimal belongings	~3 cubic metres	A few boxes, a TV, small desk or bedside table
Standard Move Van	Studio or 1-bed flat moves, partial house clearances	Around 8 cubic metres	Mattress, kitchen appliances, 20+ boxes
Full Move Van (Luton)	Larger flats, 2+ bedroom homes, office moves	Up to 20 cubic metres	Wardrobes, sofas, beds, washing machines, 40+ boxes

Why Choose Man and Van Balham?

- AFFORDABLE SERVICES
- FLEXIBLE SCHEDULING
- EXPERIENCED TEAM
- FULLY INSURED

Get in Touch with Us

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Man And Van
Balham.co.uk

FAQS

Q: What areas do you cover?

A: We cover Balham and surrounding areas including Clapham, Tooting, Wandsworth, and wider South West London.

Q: Do your vans come with moving equipment?

A: Yes – all vans include straps, blankets and trolleys to protect and move your items efficiently.

Q: Can the driver help with lifting?

A: Absolutely – our service includes a helpful driver, and additional movers can be arranged upon request.

HOW WE WORK?

1. Simple Booking

Getting started is easy. Simply call us or book online, and we'll assist you with selecting the best moving service for your needs.

2. Efficient Packing and Loading

On moving day, our team will arrive with everything needed for your move: packing materials, equipment, and a professional attitude. We'll handle all your belongings with care.

3. Safe Delivery

Sit back and relax while we transport your items to their new destination safely and securely. We'll unload, place everything where it belongs, and make sure the job is done right.